

**The place of Scenar therapy in modern medicine.**  
**Russian experience and application**  
*Journal " Scenar Therapy - Scenar Expertise 1998"*  
by prof. A. Revenko

**What is Scenar Therapy?**

SCENAR THERAPY IS A MEDICAL TECHNOLOGY – It combines modes and methods to achieve a united end result (product) in the interaction between the human organism (the patient) and the device, which creates a system: i.e. organism-device. This interaction is directed to activating the resources of the human organism that is capable of adaptation and forming the system at various functional and organic manifestations of diseases.

SCENAR is an abbreviation of the mode of action on the human organism. The name of the device is Self-Controlled Energo-Neuro-Adaptive Regulation, (self-controlling energo-neuro-adaptive regulator).

**What effectively does SCENAR treat?**

SCENAR is a GP and emergency service in your pocket. Scenar practitioners and medical doctors are able to give help to patients in practically any situation: to achieve quick anaesthesia, to reduce swelling, intoxication, to restore cardiac activity, to bring out of shock, etc. SCENAR application is extremely beneficial when someone is at any state in the treatment of the following conditions:

**Nervous system:** various diseases of the vertebral column with secondary disorders of the nervous activity, static and dynamic disorders of the vertebral column, deformation of the spinal column, radiculitis, neuritis, strokes and their consequences, diseases of the vegetative nervous system, etc.;

**Skeletal-Muscular system:** bruising of the soft tissue, fractures at different stages of the process; myositis, arthritis, arthrosis;

**Respiratory system:** tracheitis, bronchitis, viral infection, pneumonia, pleurisy, and bronchial asthma;

**Cardio-vascular system:** angina, hypertension, hypotension;

**Vessels of the extremities;** endarteritis, disturbance of micro-circulation, trophic ulcers;

**Digestive system:** gastritis, IBS, enteritis, colitis, cholecystitis, and hepatitis;

**Genito-urinary system:** pyelonephritis, cystitis, disturbance of the cycle, adnexitis, infertility,

**Dentistry:** arrest of pain syndrome, periodontosis, periodontitis, arrest of inflammation and complications after treatment of pulpitis and periodontitis;

With other pathological conditions and their combinations.

**Effects of SCENAR Action**

- Pain-killing;
- Considerable improvement in the general state, with an increase in the adaptive ability of the organism;
- Return to normal of disturbed functions;
- Speeding up and slowing down manifestations of pathological processes;
- Anti-inflammatory;
- Anti-allergic;
- Anti-swelling;
- Normalization of vascular and blood functions;
- Endocrine-immunity response of the organism;
- Normalization of the metabolic processes;

These effects can be traced and confirmed by additional methods of investigation:

(ECG, REG, EEG, X-ray, CT, U-Sound, irido-diagnostic, bio-chemical investigations, electro-information investigation, computer acupuncture diagnostics – Nakatani, Voll, auricle-diagnostic).

## **Who are the Users of the SCENAR Device?**

Today, the users of the SCENAR in Russia are medical doctors and medical personnel from more than 30 specialities, including neurology, therapeutics, surgery of different specializations, traumatology, gynaecology, obstetrics, oto-rhino-laryngology, odontology, sports medicine, physiotherapy, resuscitation and others. A special version of the device was designed to be used by housewives, engineers, office clerks and other specialists without a medical background, as well as personnel on ferries, liners, aeroplanes, in cars, etc.

## **Historical Reference**

SCENAR therapy as a technology was born in Taganrog nearly 20 years ago. Originally, the device was intended to be used in the "Space Research Programme" but the project was stopped at "Perestroika" time. Inventors, medical doctors and engineers of TOO OKB "Rhythm" and TOO "Bio-correction" started this direction together.

In 1986, the first SCENAR device, having passed technical and clinical trials, was authorized by the USSR Medical Council for use in clinic/polyclinic institutions for use at home.

In order to assess the results of Scenar therapy and also to find the optimal skin zones, for expertise and prognosis, the reflex-diagnostic set "Rista-EPD" (acupuncture diagnostics Nakatani, Voll, auricle diagnostic) were used together with the following: computerized poly-graph, ECG, EEG and others.

Currently, TOO OKB "Rhythm" the following series of the device are produced under licence 30/03/2007 issued 27 December 1996, (Supplements No.1, No.2, TU9444-010-05010925-97, TU9444-010-24225399-93): "SCENAR-035", "SCENAR 97", "SCENAR 97.4", with certificates of standard. "SCENAR" is a trademark (under classification for therapeutic devices and apparatus and electro-stimulators), registered in the State List of Trademarks in the USSR on 23 October 1989.

The device is protected by patent in Russia, USA and Japan for "the means for influence, for receiving biologically-active impulses and for the device which realizes them". (The patent owner is TOO OKB "Rhythm").

The SCENAR device is capable of recognizing and preventing many health problems, and restoring health. TOO "Bio-correction" and TOO OKB "Rhythm" closely cooperate with different medical institutions:

- Department of "Non-Drug Methods of Treatment and Clinical Physiology" in the I.M. Sechenov MMA: cor. Member of AMS is Dr. V.G. Zilov (Doctor of Medical Science);
- Laboratory for "Bio energy and Reflex therapy" CITO: Dr. U.F. Kamenev, (Doctor of Medical Science);
- Laboratory for "Biophysics of Cancer" in the Rostov Oncology Institution: Dr. L.H. Garkavi and Dr. E.B.Kvakina, (Doctors of Medical Science);
- Medical Institutes in Moscow, St Petersburg, Ekaterinburg and Odessa;
- Committee of New Medical Technology Medica, Factory of the Russian Federation: Chairman - Prof. T.I. Nosikova (Doctor of Medical Science).

The Committee for New Medical Technology and the Department for "Non-Drug Methods of Treatment" have together issued 4 compilations of "SCENAR Therapy, SCENAR Expertise", reflecting questions of therapy and practise. The editors are: T.I. Nosikova, G.V.Zilov, L.M.Kudaeva.

From 1992, 117 training seminars have been conducted in the different regions of Russia and abroad. Over the years, more than 10 000 users have been trained, including managers of medical institutions (heads of hospitals and polyclinics, chiefs of departments, etc.), medical doctors, nurses (including resuscitation doctors, surgeons, oncologists, neurologists, physiotherapists, paediatricians) and scientists (candidates or doctors of science).